

Pos	Name	Category	Club	Time
1	Rob Jebb		Bingley	01:13:08
2	Carl Bell		Howgill Harriers	01:14:31
3	Jim Davies		Borrowdale	01:15:04
4	Steve Hebblethwaite		Keswick Ac	01:16:03
5	Alastair Dunn		Helm Hill	01:17:06
6	Phil Winskill		Keswick Ac	01:18:10
7	Dominic Raby		Chorley Harriers	01:20:15
8	Andrew Schofield		Borrowdale	01:20:16
9	Steve Birkinshaw		Borrowdale	01:20:17
10	Richard Mellow		Bowland Ac	01:20:43
11	Mark Chippendale		Bowland Ac	01:21:21
12	Robin Stones		Helm Hill	01:21:36
13	Jamie Luxmoore		Keswick Ac	01:22:14
14	Martin Holroyd		Borrowdale	01:24:10
15	Gary R Thorpe		Ambleside Ac	01:24:19
16	Chris Newman		Wharfedale Harriers	01:24:20
17	David White		Helm Hill	01:24:26
18	Seb Sillito		Helm Hill	01:24:48
19	Sam Ware		Eden Runners	01:24:57
20	Steve Angus		Border Harriers	01:25:35
21	Stuart Stoddart		Eden Runners	01:25:38
22	Steve Bennett		Eden Runners	01:25:46
23	Jos Addison		Helm Hill	01:25:51
24	John Nicoll		Keswick Ac	01:26:08
25	Muir Morton		Pennine	01:26:45
26	Oliver Blomfield		Lochaber Ac	01:26:48
27	Josh Hebson		Keswick Ac	01:27:13
28	Paul Neild		Bowland Ac	01:27:26
29	Joss Livesey		Howgill Harriers	01:29:02
30	Ian Davies		Keswick Ac	01:29:04
31	Andrew Slattery		Keswick Ac	01:29:04
32	Daniel Barton		Keswick Ac	01:29:17
33	Craig Smith		Keswick Ac	01:29:48
34	Robert Harper		FRA	01:30:07
35	Michael Walsh		Kendal Ac	01:30:52
36	Paul Aitken			01:31:48
37	Roger Laycock		Settle Harriers	01:31:53
38	Chris Edis		Keswick Ac	01:32:15
39	Allan Miller		Kendal Ac	01:32:29
40	Jim Tyson		Ambleside Ac	01:33:15
41	Phil Mather			01:33:34

42	Olly Fielden	Cumberland Fell Runners	01:34:48
43	Steve Carr		01:35:15
44	Lee J Newton	Keswick Ac	01:35:19
45	Craig Burrow	Helm Hill	01:35:33
46	Terry Robinson	Helm Hill	01:36:07
47	Andrew Bradley	CFR	01:36:32
48	Duncan Overton	Keswick Ac	01:37:33
49	Fraser Livesey	Howgill Harriers	01:37:46
50	Phil Rigby	Helm Hill	01:37:49
51	Richard Todd	Wigton Road Runners	01:37:56
52	Hazel Robinson	Ambleside Ac	01:38:17
53	Paul Jackson	Chorley Harriers	01:38:31
54	Andrew Murray	Keswick Ac	01:40:11
55	Robin Gillespie	Eden Runners	01:40:32
56	Catherine Evans	Keswick Ac	01:40:36
57	Daniel Grose	Kendal Ac	01:40:53
58	Sharon McDonald	Settle Harriers	01:42:22
59	Carol Evans	Settle Harriers	01:42:40
60	Richard Pyne	Kendal Ac	01:42:54
61	Mike Tomes		01:43:32
62	Paul Hindle	Keighley & Craven	01:44:04
63	Chris Schofield	Helm Hill	01:44:30
64	Simon Oxley	Settle Harriers	01:45:08
65	Tim Murray	Helm Hill	01:45:23
66	Michael Salkeld		01:46:08
67	Kate Ayres	Ambleside Ac	01:46:17
68	Lyn Thompson	Keswick Ac	01:46:38
69	Shaun Haedisty	Eden Runners	01:46:40
70	Hugh Symonds	Kendal Ac	01:46:44
71	David Appleyard	Helm Hill	01:47:01
72	Eddie Lesniak	Achille Ratti CC	01:47:46
73	Michael Griffin	Wharfedale Harriers	01:48:05
74	Rigby Jerram	Kendal Ac	01:48:09
75	Thomas Smith	Pennine	01:50:08
76	Dave Harvey	Pennine	01:50:09
77	Jill Eccleston	Settle Harriers	01:50:17
78	Quentin Merritt	Keswick Ac	01:50:21
79	Rachel Slattery	Keswick Ac	01:50:28
80	Mary Ballantyne	Eden Runners	01:51:46
81	Chris Tuson	Helm Hill	01:51:49
82	Stephen Baker	Helm Hill	01:52:55
83	Pauline J Symonds	Kendal Ac	01:53:38
84	Catherine Musetti	Ambleside Ac	01:53:43
85	Eleanor Knowles	Ambleside Ac	01:53:52

86	Deborah Mahoney	Settle Harriers	01:54:38
87	Paul Tuson	Helm Hill	01:54:47
88	Lindsay Harrod	Helm Hill	01:54:51
89	Chris Clark	Keswick Ac	01:55:54
90	Jim Fisher	Howgill Harriers	01:56:48
91	Mark Walsh		01:56:52
92	Ruth Maxwell	Settle Harriers	01:58:52
93	Stephen Braithwaite	Helm Hill	02:00:57
94	Sarah Bennett	Keswick Ac	02:01:43
95	Peter Bailey	Keswick Ac	02:02:38
96	Kate Rogan	Wharfedale Harriers	02:06:41
97	Kim Clark	Keswick Ac	02:08:21
98	Alison Cater	Borrowdale	02:11:28
99	Paul S Stacks	Dallam Ac	02:12:20
100	Kev Kendal	Howgill Harriers	02:22:18
101	Mark Mason		02:25:52